

SSR DEGREE COLLEGE AUTONOMOUS NIZAMABAD
FACULTY OF SCIENCE
DEPARTMENT NUTRITION
B.SC NUTRITION SEMESTER –III PAPER-III NORMAL AND THERUPETIC
NUTRITION
UNIT WISE IMORTANT QUESTIONS -DEC 2026

UNIT-I

SHORT QUESTIONS (4 MARKS)

1. Adulthood
2. RDA
3. Nutritional Requirements for an Adult Man and Adult Woman
4. Physiological Changes during PREGNANCE
5. Nutritional Requirement Complications of Pregnancy
6. Role of hormones in milk production
7. Nutritional Requirement during lactation
8. Lactation
9. Lactogogues

ESSAY QUESTIONS (10 MARKS)

1. Define Recommended Dietary Allowance (RDA) - Explain factors affecting RDA, derivation; Principles of meal planning; Steps involved in planning a meal
2. Describe Adulthood explain Nutritional Requirements for an Adult Man and Adult Woman
3. Write an essay on Pregnancy - including the Physiological Changes during Increase in Nutritional Requirement Complications of Pregnancy
4. Describe Lactation explain Role of hormones in milk production
5. Define Lactation explain the Increased in Nutritional Requirement during lactation and discus Lactogogues

UNIT- II

SHORT QUESTIONS (4 MARKS)

1. infancy
2. Nutritional Requirement during infancy
3. Breastfeeding
4. Artificial Feeding
5. Weaning and Supplementary Food.
6. School Lunch Programmes
7. Nutritional Requirement during School Going Child
8. Define Pre-Schoolers

ESSAY QUESTIONS (10 MARKS)

1. Define infancy - explain Nutritional Requirement during infancy
2. Write the essay on Importance of, Artificial Feeding including (Comparison of various milks Vs Human Milk), Weaning and Supplementary Food.
3. Define Pre-Schoolers and School Going Child explain Nutritional Requirement during School Going Child including School Lunch Programmes
4. Define Adolescence explain Nutritional Requirement during Adolescence discuss Eating Disorders.
5. Write the essay on Geriatrics Including Nutritional Requirement Physiological changes and Dietary Modification .

UNIT –III

SHORT QUESTIONS (4 MARKS)

1. Dietary supplements and adjuncts to diet therapy
2. Therapeutic modifications of normal diets
3. Enteral feeding
4. Parenteral feeding
5. Typhoid
6. Typhoid Causative organism
7. Tuberculosis

ESSAY QUESTIONS (10 MARKS)

1. Describe Introduction to therapeutic nutrition explain dietary supplements and adjuncts to diet therapy including therapeutic modifications of normal diets in terms of Nutrients, Consistency
2. Write Special feeding methods explain Enteral feeding and Parenteral feeding .
3. Define Fevers explain Causes (Exogenous and Endogenous) Types - Typhoid .
4. Write essay on typhoid Causative organism, Symptoms, Principles of the Diet including Dietary Modifications, Foods to Be included and Foods to Be Avoided
5. Define Tuberculosis explain Causative Organism, Symptoms, including Principles of the Diet, Dietary Modifications, Foods to be Included and Foods to be avoided.

UNIT-IV

SHORT QUESTIONS (4 MARKS)

1. Phenylketonuria
2. Galactosemia
3. Lactose Intolerance
4. Define Food Allergy
5. Clinical Signs and Symptoms, Food as Allergens.

ESSAY QUESTIONS (10 MARKS)

1. Write essay on Inborn Errors of Metabolism; Phenylketonuria - Definition, symptoms, Dietary management
2. Define Galactosemia explain symptoms, Dietary management
3. Write about lactose Intolerance symptoms, Dietary management
4. Define Food Allergy explain Classification including Clinical Signs and Symptoms, Food as Allergens.