

**SSR Degree College Autonomous**  
**Faculty of Science**  
**Department of Nutrition**  
**PG Semester-II, Paper-3**  
**Subject: DIET IN DISEASE**  
**Internal- 1 Question Bank**

---

**SECTION – A: MULTIPLE CHOICE QUESTIONS**

1. \_\_\_\_\_ Is responsible for the yellow colouring in jaundice  
A. Bilirubin B. Urobilinogen C. Plasma D. Carotene **Ans :A**
2. Glisson's capsule is found in \_\_\_\_\_  
A. Kidney B. Liver C. Stomach D. Testis. **Ans :B**
3. How many lobes are present in the liver \_\_\_\_\_  
A. 1 B. 4 C. 3 D. 6 **Ans :B**
4. Approximate weight of the liver of a healthy adult \_\_\_\_\_  
A. 2.3 kg B. 2.0 kg C. 1.4kg D. 10kg **Ans :C**
5. Most common symptom of jaundice \_\_\_\_\_  
A. Yellowing of skin B. Sclerae C. Darkening of urine D. All the above **Ans :D**
6. This form of Hepatitis could be passed via contaminated water and food \_\_\_\_\_  
A. HAV & HEV B. HBV C. HCV D. All the above **Ans :A**
7. \_\_\_\_\_ virus infects only people with hepatitis B infection  
A. HAV B. HCV C. HEV D. HDV **Ans :B**
8. Gall stones alcohol abuse leads to \_\_\_\_\_  
A. Cystitis B. Cancer C. Pancreatitis D. None **Ans :C**
9. Fatty liver is also known as \_\_\_\_\_  
A. Cirrhosis B. Hepatitis C. Jaundice D. Hepatic steatosis **Ans :D**
10. \_\_\_\_\_ is a complication in liver transplantation  
A. Infection B. Rejection C. Bleeding D. All the above **Ans :D**
11. Renal failure refers to failure of the \_\_\_\_\_  
A. Lungs B. Kidney C. Oesophagus D. Stomach **Ans :B**

12 Chronic renal failure develops over. \_\_\_\_\_

A. Minutes B. Hours C. Months D. Months to years **Ans :B**

13.The functional unit of kidney is \_\_\_\_\_

A. Neuron B. Osteon C.Nephron D. Cell **Ans :C**

14.Alkaline ash diet is included in \_\_\_\_\_

A.Oxalate stone B.Calcium stone C.calcium phosphate D.Cysteine stone **Ans :D**

15.Protein requirement in peritoneal dialysis is

A.1.5g/kg/IBW B.0.5g/kgIBW C.2g/kg/IBW D.1g//kg IBW **Ans :A**

a

A. Lung donor B. Skin donor C. Living related donor D. Died related donor **Ans: C**

17.Which blood group is considered the universal donor \_\_\_\_\_

A. A B. O C. AB D. B **Ans: B**

18.\_\_\_\_\_ Nutrient is important for healing after kidney transplant

A. Protein B.Trans-fat C. Cholesterol D. None **Ans: A**

19.Duration for one cycle of haemodialysis is \_\_\_\_\_

A.1-2hr B.5 hr C.1.5 hr D.3-4 hr **Ans: D**

20.Chronic kidney disease is also termed \_\_\_\_\_

A.Urea B. Pancreatitis C.Uraemia D.None **Ans: C**

## II. FILL IN THE BLANKS

21.Bile is formed in **Liver**

22. **Liver chemistries** Help determine the health of liver

23. Expand SGPT **Serum glutamic pyruvic transaminase**

24. Expand SGOT **Serum glutamic oxaloacetic transaminase**

25. Branched chain amino acids(BCAA) lowered in **Hepatic coma**

26. **Falciform ligament** Separate the right lobe from the left lobe

27. Jaundice is also known as **Icterus**

28. Hepatitis C is a **blood borne** virus

29. PERT full form **Pancreas Enzyme Replacement Therapy**

30. Home remedies can treat pancreatitis **Apple cider vinegar**
31. Expand GFR **Glomerular Filtration Rate**
32. Blood in urine is **Haematuria**
33. Massive proteinuria is seen in **Nephrotic syndrome**
34. Expand CKD **Chronic kidney Disease**
35. Hyperkalaemia is seen in **CKD**
36. High potassium foods avoided in **CKD**
37. Low oxalate diet is given in **Renal calculi**
38. If oliguria and anuria is seen along with waste products in blood then protein should be restricted to **80%-90%** in adults
39. Artificial kidney machine is **haemodialysis**
40. Energy requirement for peritoneal dialysis patient **35K.cal/kg IBW**

### III. SHORT ANSWER QUESTIONS 5 X 1 =5

1. Functions of liver?
2. Nutritional management of jaundice?
3. Short note on cholelithiasis ?
4. Liver function tests?
5. MELD & PELD?
6. Functions of kidney?
7. Dietary management of Nephrotic syndrome ?
8. Stages of CKD ?
9. Differentiate between Haemodialysis & peritoneal dialysis
10. How is kidney stone formed?