

TELANGANA UNIVERSITY
S.S.R. DEGREE COLLEGE, NIZAMABAD (C.C:5029)
II SEMESTER INTERNAL ASSESSMENT-II EXAMINATIONS
DEPARTMENT OF NUTRITION
DIET IN DISEASE,
QUESTION BANK

I. Multiple choice questions

1. Which hormone regulates blood sugar levels and is secreted by the pancreas (A)
A. Insulin B. Cortisol C. testosterone D. Epinephrine
2. Where is pancreas located (B)
A. In the Chest B. Behind the stomach
C. In the brain D. Epinephrine
3. The islets of Langerhans are found in (D)
A. Liver B. Stomach C. Gall bladder D. Pancreas
4. Which of the following is a common complication of diabetes mellitus (B)
A. Hypoglycemia B. Kidney failure C) Increase Insulin D) Heart failure
5. The risk factor for type – I Diabetes include all of the following except (A)
A. Diet B. Genetic C. Autoimmune D. Environmental
6. What is the most common cause of endogenous Auto immune Cushing syndrome (D)
A. Prolonged steroid use B. Ectopic ACTH C. Adrenal tumor D. Pituitary Adenoma
7. Which of the following is a common symptom of Addison disease (B)
A. Weight gain B. Hyponatremia & Hyperkalemia C. BP D. High Sodium
8. What is the primary hormone produced by the thyroid gland (B)
A. Insulin B. Cortisol C. T4 Thyroxine D) Prolactin
9. A common symptom of hypothyroidism (D)
A. Weight loss B. Heat tolerance C. Tachycardia D. Fatigue
10. Which lab test is most sensitive for detecting early hypothyroidism (C)
A. Serum T3 B. Serum C. TSH D. Thyroglobulin

II. Fill in the Blanks

1. The most common symptom of hypotension is Dizziness
2. Hypertension (HTN) is also known as Blood pressure High
3. A heart Attack is also known as a myocardial infraction
4. Normal values of BP 120/80 MMHG
5. Skeletal muscle contraction is controlled by the Somatic nervous system
6. The thick filament in muscle fibre is made of the protein Myosin
7. Gout – disease diagnose of high uric acid levels
8. Rheumatoid Arthritis is a chronic Auto immune disease
9. Cancer is the uncontrolled Proliferation of abnormal cells in the body
10. HIV Human Immunodeficiency virus

III. One word answers

1. Types of Diabetes ?
A. Type – I, Type – II, Gestational
2. Mention Thyroid profile tests ?
A. T3, T4, TSH
3. What is the Balanced diet for thyroid?
A. Iodine, Selenium, Zn, Vit - D
4. Hypertension?
A. Condition of high blood pressure 140/90 mm/Hg
5. AIDS stand for ?
A. Acquired immune Deficient syndrome